



THE MOMENTS THAT MAKE US

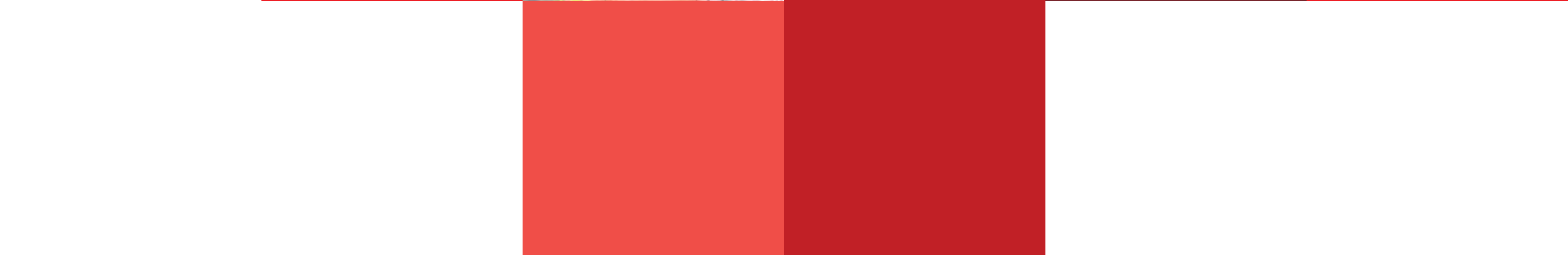
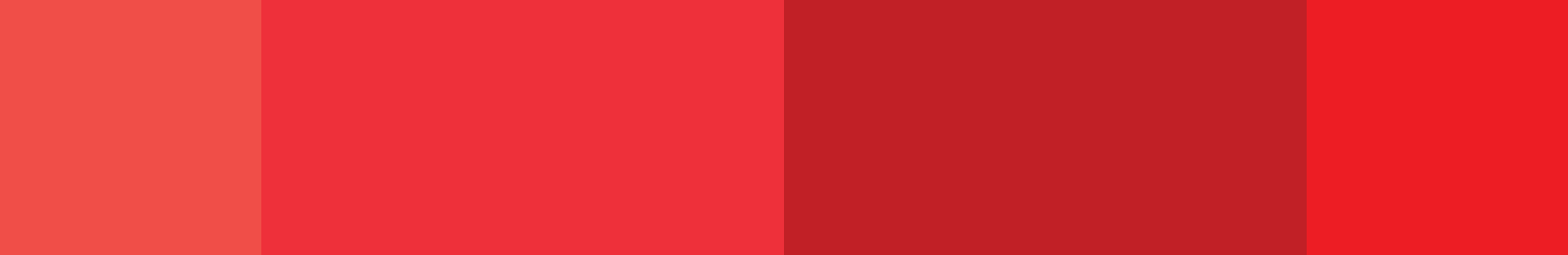
2014/15 ANNUAL REVIEW



THROUGH THE YEARS

WE HAVE CHANGED OUR NAME, REFINED OUR FOCUS AND EXPANDED TO MULTIPLE LOCATIONS. OUR MISSION HAS ALWAYS REMAINED THE SAME HOWEVER, TO PROVIDE A WORLD-LEADING MULTISPORT DAILY TRAINING ENVIRONMENT FOR PODIUM PATHWAY ATHLETES AND COACHES THROUGH EXPERT LEADERSHIP, SERVICES AND PROGRAMS.

AFTER SUPPORTING ATHLETES AT TEN SUMMER AND WINTER OLYMPIC GAMES, WE ARE STILL ON A QUEST TO SUPPORT CANADIAN ATHLETES TO PODIUM SUCCESS IN INTERNATIONAL COMPETITIONS.





VISION

The Canadian Olympic and Paralympic Sport Institute Network is a key contributor to Canada's world-leading Olympic and Paralympic podium performances.



MISSION

To provide a world class, multisport daily training environment for athletes and coaches through expert leadership, services and programs.





VALUES

Five core values guide our vision, shape our processes and outcomes, and help to secure our continued positive reputation nationally and internationally:



Excellence

We aspire to utilize and will measure ourselves against world leading practices.

Leadership

We embrace our role as leaders that challenge, inspire, empower and encourage ourselves and our partners.



Innovation

We believe innovation is a critical and constant requirement and an expectation for all involved.

Integrity

We believe the integrity of our individual and collective behaviours is the cornerstone of who and what we are.

Partnerships

We believe it is essential to develop and sustain mutually beneficial partnerships, which leverage each party's strengths.



At the 1998 Nagano Olympic Winter Games Women's hockey made its debut.

While achieving a silver medal, Hockey Canada decided to take a look at all aspects of their program and preparation.

As a result of the analysis the decision was made to centralize the team in Calgary in the year prior to each Olympics.

As part of the centralization of the team, the notion of a boot camp was introduced at the start of their season leading into the 2002 Olympic Winter Games in Salt Lake City by Dr. Stephen Norris, the team's exercise physiologist. The boot camp was held at the Canadian Forces base in Valcartier, Québec, which had recently opened its door to the public use of its facilities.

"It was exciting to start something different and it was challenging for the athletes" according to Melody Davidson, former Female National Team head coach. They had to be physically and mentally strong individually, and had to demonstrate the ability to be a team player. This initiative helped set the stage for the players to come together as a team while developing overall fitness.

During this time Hockey Canada was working closely with the Canadian Sport Institute Calgary's (CSIC) integrated support team providers Jason Poole, strength and conditioning coach and Kelly Anne Erdman, dietician. For Melody Davidson, she notes that boot camp was still in use in preparation for Sochi and continues to have an impact on the team's training and performance.

Over four Olympic cycles since 1998 the team has dominated the game, having won 4 Gold Medals.



A hockey goalie in a red and white uniform with a Bauer helmet, celebrating on the ice with arms raised. The background is a blurred ice rink with spectators.

BUILD ING A TEAM

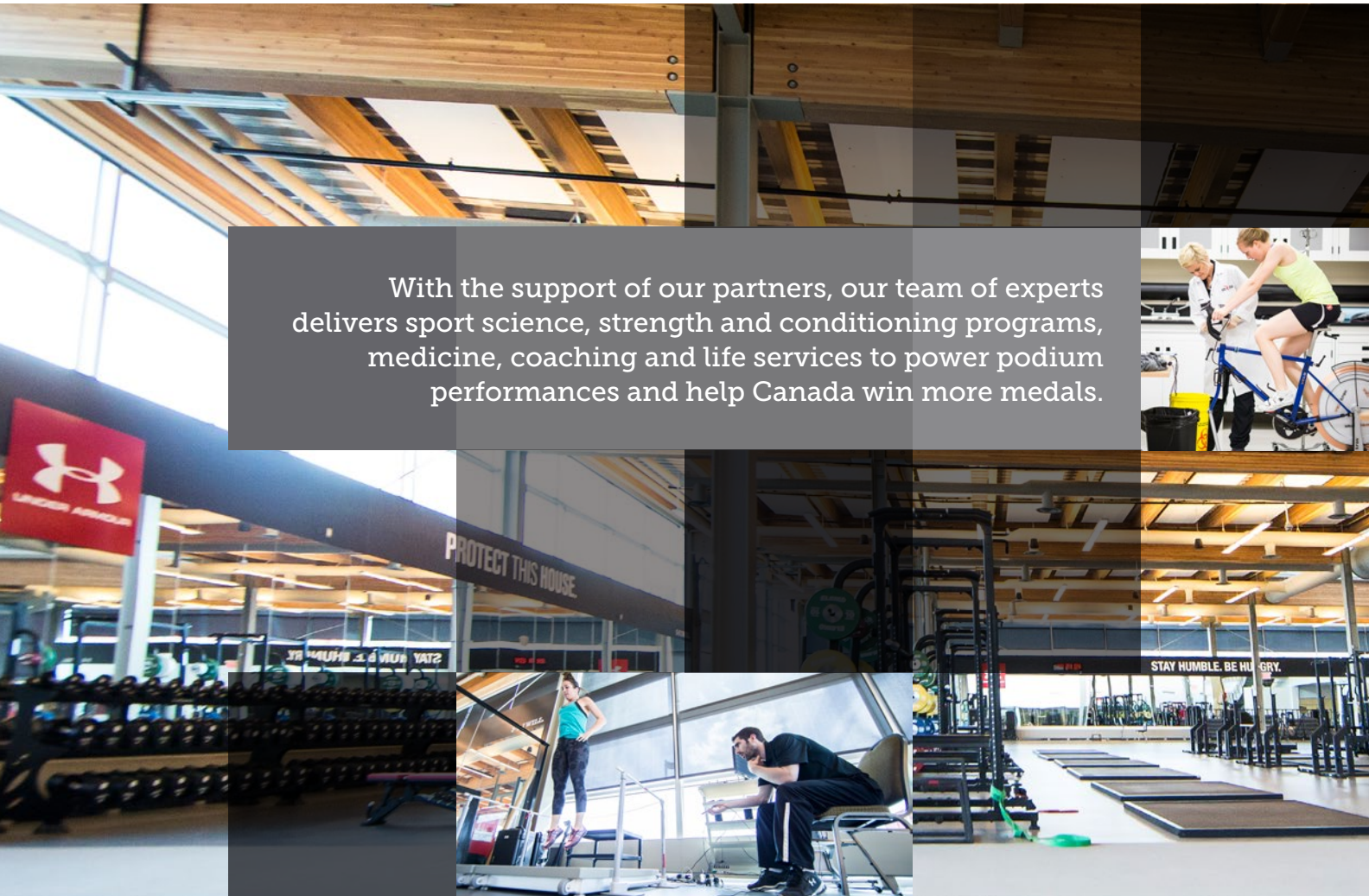
WITH A DOMINATING IMPACT

The **Canadian Sport Institute Calgary** provides world-leading Olympic and Paralympic training environments to top athletes and coaches across Alberta.

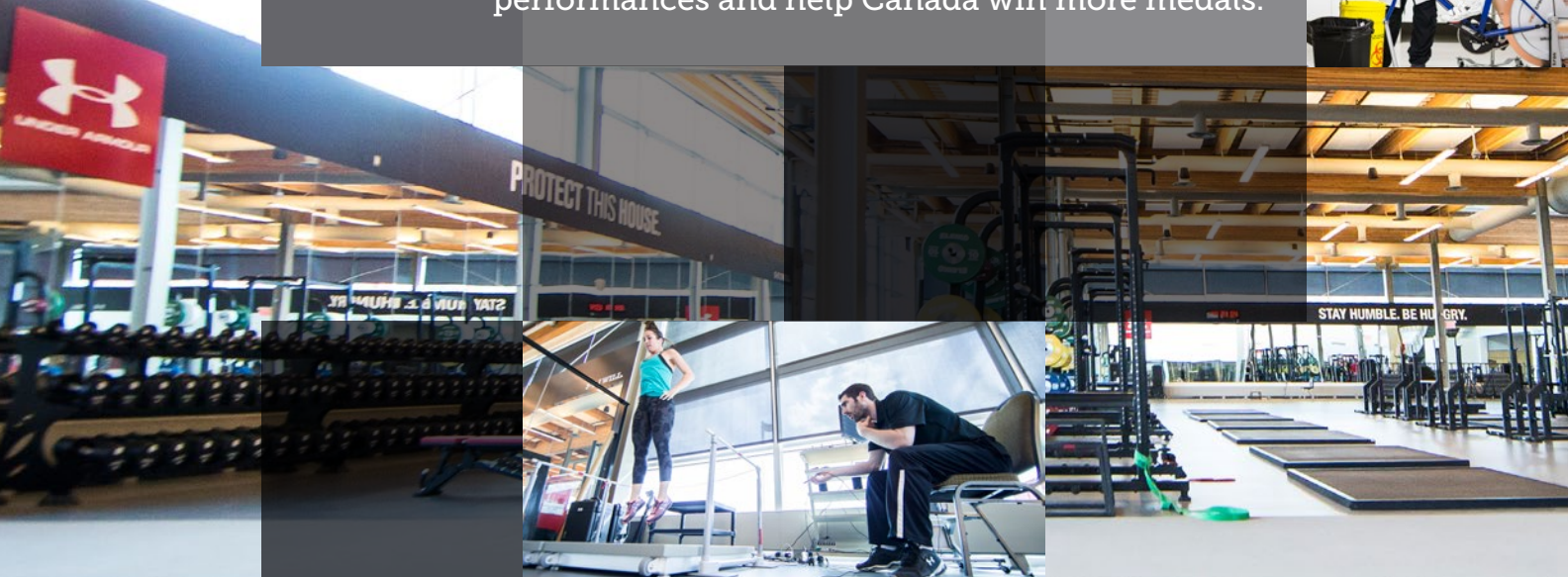
THE EXPERTISE

58 experts power the Canadian Sport Institute Calgary encompassing the key areas of sport science, sport medicine, strength and conditioning, mental performance, biomechanics, nutrition, athlete development, coaching and business operations.

At the helm is a leadership team of eight experts with more than 150 years of experience working with elite athletes in their respective field.



With the support of our partners, our team of experts delivers sport science, strength and conditioning programs, medicine, coaching and life services to power podium performances and help Canada win more medals.



THE FACILITY

Calgary now boasts one of the largest and most complete Sport Institutes in the world. The new location at Canada Olympic Park is the first in Canada to provide centralized services in a facility furnished with the latest technology and equipment. It is also the only multi-sport facility in Canada dedicated to high performance sports.

The 27,000 square foot space located in the Markin MacPhail Centre features a state of the art strength and conditioning area with a biomechanics lab and strength and power lab; an exercise physiology lab; mental performance and nutritional service capabilities; an athlete lounge; a regeneration room; and access to the WinSport Medicine Clinic.



BRIAN MCKEEVER

Over a time period of four Paralympic Winter Games, Brian McKeever has earned 13 Paralympic medals including 10 gold, the most victories ever by a Canadian winter Paralympian.

Brian's brother Robin, a former national team skier, acted as his guide in Vancouver 2010, making the gold medal performances a family affair. Since the Torino Olympics in 2006 Dr. David Smith, exercise physiologist, has worked closely in both testing Brian's physical capacities and planning his program. Robin now acts as national team coach and works with Dr. Smith in developing Brian's program each year to make sure he maintains his world leading performances as he prepares for the 2018 Paralympic Winter Games.





EXERCISE PHYSIOLOGY LABORATORY

The Sport Performance Laboratory, with new equipment valued at over \$225,000, offers the most effective forms of testing and monitoring available. CSIC experts collect and interpret the most advanced data including measurement of breath-to-breath oxygen consumption; measurement of EKG during exercise; measurement of heart rate response while training; and analysis of key biochemical markers used to evaluate the effectiveness of training.



STRENGTH, POWER & BIOMECHANICS

The Canadian Sport Institute Calgary houses one of the most performance focused Strength and Conditioning facilities in the world. The area features more than 19,000 square feet of training space which includes more than 20,000 pounds of weights and equipment, a Strength & Power lab, a Biomechanics lab, an indoor MONDO 100m track and an IM lifting platform (one of only three in the world).

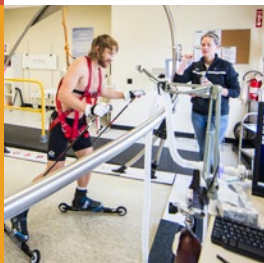
MEDICINE

The WinSport Medicine Clinic is integral to rehabbing and developing Canada's athletes.

The physiotherapy and rehabilitation area includes 16 treatment tables with the newest form of modalities available: ultrasound, interferential current therapy, icing compression unit, shock wave unit therapy, electrical and muscle stimulation units, a traction bed, anti-gravity treadmill and a fully equipped hydrotherapy room with an under water treadmill.

ATHLETE LOUNGE

The Canadian Sport Institute Calgary takes a proactive approach to life and career planning. The athlete lounges at Canada Olympic Park and at the University of Calgary/Olympic Oval are spaces for athletes to use computer stations for studying and homework; to access career, transition and academic counseling; or to just chill while playing a game of table tennis. Living a balanced lifestyle is a key to peak performance.



CAROL HUYNH

For Carol, the Canadian Sport Institute Calgary (CSIC) became home when she relocated to Calgary in 2006. She wanted to change her training routine and was drawn to Calgary for two main reasons, National team coach, Leigh Vierling and experienced wrestler and training partner Erica Sharp. The transition to Calgary paid off for Carol as she went on to reach the podium in both of her Olympic appearances, winning gold in the women's 48kg division in Beijing 2008 and bronze in London 2012.

Since retiring from competitive wrestling, Carol completed a Masters in Counseling Psychology and has pursued a career as a wrestling coach. Carol's relationship with CSIC continues as the CSIC is supporting her education as a training centre coach for the women's wrestling program. According to Carol, giving back to the sport she loves means a lot to her and she wants to influence future Canadian wrestlers in the same ways she was impacted.



ELEVATING PERFORMANCE

FOR A LASTING LEGACY

When the Canadian Sport Institute Calgary was created in 1994, Curtis Myden was an up and coming swimmer.

He swam at his first Olympics in 1992 and together with his coach Deryk Snelling was aiming for podium success in Atlanta 1996.

Members of Curtis' support team included exercise physiologist's Dr. David Smith and Dr. Stephen Norris. Deryk and Dr. Smith had forged a successful partnership since 1981 and this partnership had achieved success with Mark Tewksbury's gold medal in 1992. Curtis knew he was in good hands in his attempt to achieve his goal. At the Atlanta 1996 Olympic Games, Curtis achieved podium success with bronze medals in both the 400 and 200 metre individual medley.

As a swimmer, Curtis had to overcome repetitive injuries, as shoulder tendinitis was a recurrent problem. Myden notes that, with the services of the CSIC,

he had everything he needed to get back in the pool quickly and be healthy and powerful. In addition, the sport specific planning and evaluation from Dr.'s Smith and Norris with his coach Deryk were what elevated his performance. Time and success brought additional funding to the swimming program, which allowed Curtis and his teammates to travel to more training camps and competitions.

Four years later the national swim team Captain won his third bronze medal, this time in the 400 metre individual medley. This medal came amid a very competitive Olympic final. With his third-place finish in Sydney in 2000, Myden became the first Canadian swimmer to win medals at consecutive Olympic Games in

an individual event. Myden is a 30 time national champion and Canadian record holder in both short and long course 200 and 400 metre individual medleys.

Myden's career in swimming and the lessons he learned in the pool prepared him for his career in medicine, where he specialized in orthopedics. A 2006 graduate from the University of Calgary Medical School, Myden is now an orthopedic surgeon in British Columbia. In the pool or at the hospital, Myden's idea of excellence didn't change. "Be the best you can possibly be in every aspect of your life".

A significant portion of the revenue from the Calgary Olympic Winter Games was used to the benefit of local sport facilities.

These facilities provide a great place for Calgary's youth to try a variety of winter sport making the Calgary Bow corridor the heart of Canada's elite winter sport programs.

Canadians always had a high regard for Olympic sport, but these Games enhanced that. Five purpose-built venues continue to be used for their original purpose, and have contributed to the development of a strong high performance delivery system.

LEGACY OF 1988

In the early 1990's, in response to decreasing resources for high performance sport and less than stellar international results, Canadian sport leaders called for the creation of a network of national multi-sport centres in Canada. Following a comprehensive study of successful sport institute models in Europe and Australia, a coordinating team led by Dr. Geoff Gowan and John Bales of the Coaching Association of Canada and Steve

Findlay and Dan Smith of Sport Canada, began a concerted effort to establish centres, starting with the National Multi-sport Development Centre in Calgary in 1994. Other partners in this undertaking included the Canadian Olympic Committee (Bill Warren), the Alberta Sport, Recreation, Parks and Wildlife Foundation (Bill France) and the University of Calgary (Geoff Elliott).

As a result, the first Centre was established in Calgary in April 1994 as a three-year pilot project. Calgary was selected because of the willingness and capacity of six local and national partners to commit resources for the duration of the pilot project. Calgary had facilities, sport science and medicine experts, a critical mass of high-performance athletes and coaches, and an environment of sport excellence. The Centre concept was needed for Canada to advance sport and compete with the rest of the world.





By 2001, a network of Canadian Sport Centres existed; centres in British Columbia, Alberta, Saskatchewan,

The Canadian Sport Institute Calgary provides Canadian athletes with the necessary tools needed to

biomechanics, sport medicine and para medical services, nutrition, strength and conditioning, and mental

targeted training groups, dedicated high performance facilities, and all services and expertise in close proximity.

Manitoba, Ontario, Quebec and Atlantic Canada. At the 2002 Olympic Winter Games, success was coming to the athletes who were benefitting from the services, expertise and the performance environment that was created by the Centres. In Vancouver in 2010, the investment continued to show a return as Canadian athletes won a record 26 medals. Post-Vancouver, the challenge was to maintain funding flowing into the system to support high performance sport and to remain internationally competitive.

win Olympic and Paralympic medals. The margin of victory can be very small such as in 2010, Christine Nesbitt, one of Canada's gold medallists in speed skating, won by just two one-hundredths of a second. Jon Montgomery won in skeleton by just 0.07 of a second. Had he been a little bit slower, that great memory that is ingrained in all of our minds would not be with us today. In large part Centre experts provide strategic, calculated planning, preparation, and monitoring that is done on a day-to-day basis. We specialize in the delivery of services in the areas of exercise physiology,

performance. We surround the athletes and the coaches with expertise to enhance performance and excellence.

In July 2013, Sport Canada and Own the Podium awarded the Centre the designation of "Institute" and the organization legally changed its name to Canadian Sport Institute Calgary. In 2015, Calgary is one of four named sport institutes, alongside Institutes in Quebec, British Columbia and Ontario. These Institutes meet specific criteria which include a critical mass of podium level athletes,

Since 1994, Canadian Sport Institute Calgary has supported more than 400 Olympic, Paralympic, and World Championship medals for Canada. At the Canadian Sport Institute Calgary we firmly believe that the history of Canadian sport will continue to be written here. Records will be broken, new stories will be told, and history will be made. Canadian athletes are and will continue to be well prepared for competition. The power of sport and our country's Olympic and Paralympic successes will continue to inspire people of all ages.

Mike Smith, a world leading decathlete crossed paths with Les Gramantik a multi-event coach based in Calgary many times from 1985 to 1994.

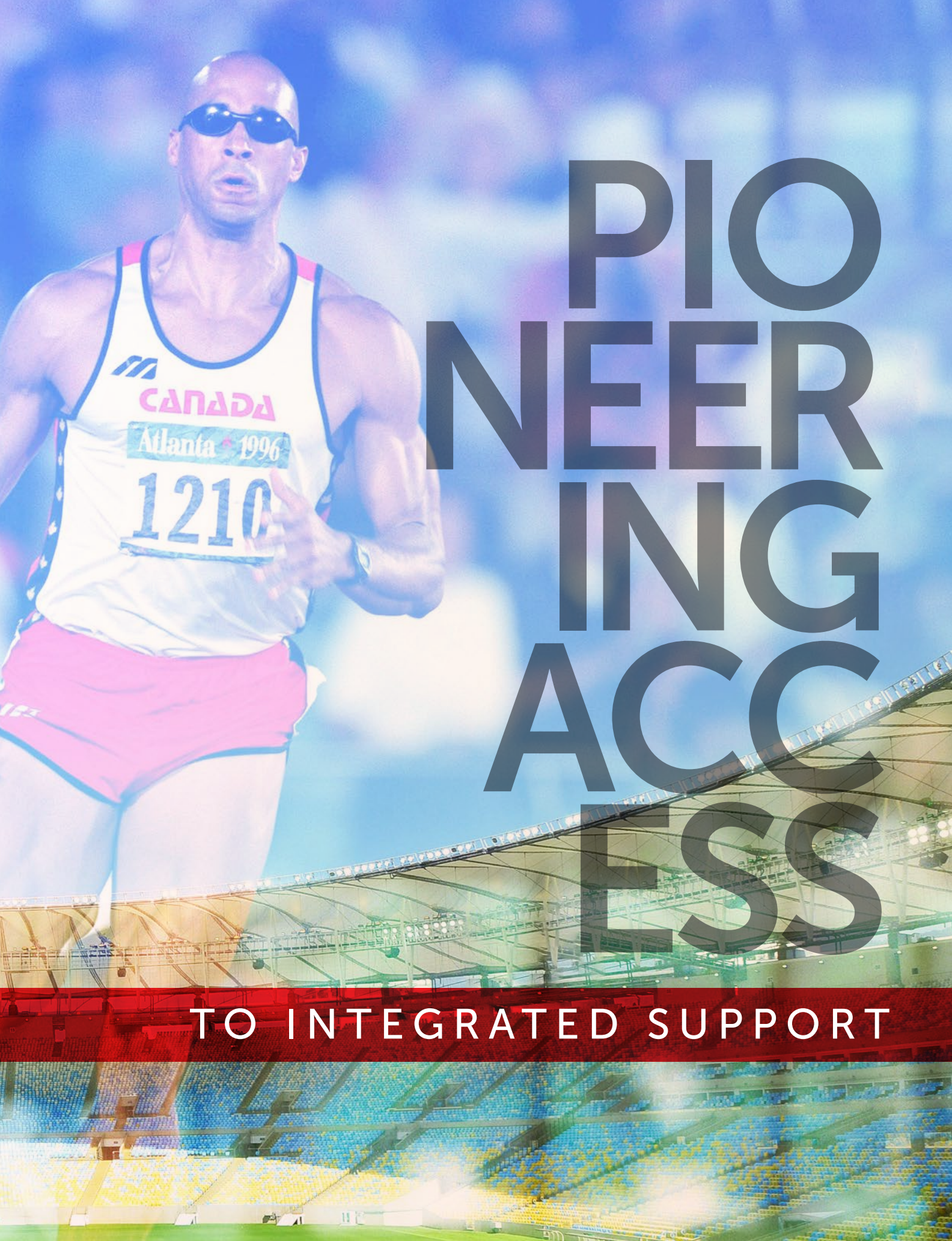
After the 1994 Commonwealth Games at which Smith was the gold medallist, he made the decision to move from Toronto to Calgary to train with experienced coach Gramantik. It was an easy decision for Mike. From Smith's point of view, Calgary had facilities, coaching, and access to sport science and medicine experts. It was at the early stage of what Canadian Sport Institute Calgary today now calls an Integrated Support Team.

Dr. David Smith, an exercise physiologist, was instrumental in providing Mike and Les with feedback regarding the effectiveness of Mike's training with the goal of achieving number one status in the world. He was a trendsetter in understanding the importance of how to sequence speed and power training for athletes such as Mike in the sport of decathlon. The regular interaction between coach, sport scientist and athlete is a cornerstone of the CSIC's philosophy. Not only did Mike have access to world class facilities and support, but also to a high quality training group that is part of the ingredients needed for success.

After Mike relocated to Calgary, his coach Les Gramantik, Dr. Smith and Dale Henwood, met with the Canadian Olympic Committee. Mike was able to articulate the importance of CSIC and the services available noting the impact it had on his training. This became a watershed moment as the COC significantly increased their investment in the CSIC afterwards. Calgary became the place where the training facility, support staff, physiological testing, medical services, massage and physiotherapy were all coordinated together on a multisport basis. It wasn't long before other athletes and coaches became aware of the advantages and joined the CSIC.

Michael Smith was a consistent medal threat throughout his athletic career. Today, he is a well-known financial advisor and lives in Calgary. He keeps in touch with his old training group and former coach Les Gramantik, who continues to train decathletes in Calgary.





PIO NEERING ING ACC ESS

TO INTEGRATED SUPPORT

Over the last Olympic cycle, it has been interesting to observe the number of Canadian athletes from a range of sports reaching the podium on various continents.



And while certainly it's easy to see a winning attitude, what might be less visible is that over the past 20 years there has been significant and increasing support that Canadian athletes have used to reach the podium and to get an extra edge on their competition.

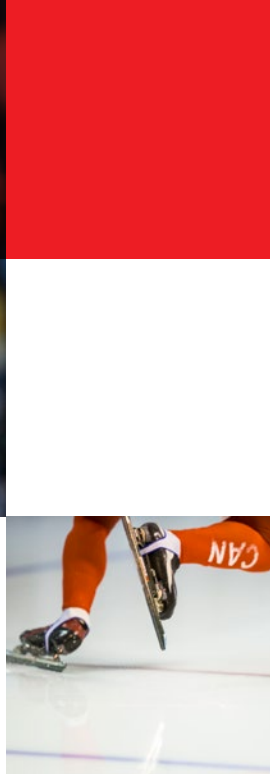
That consistency and comprehensive support particularly for winter athletes is the Canadian Sport Institute Calgary (CSIC). The CSIC has grown immeasurably over the last 20 years – from a development Centre for athletes to a facility based Institute; from a staff of five

to a staff of over 100 with expertise in the science and medicine of performance sport; from a budget that is now 10 times what it was in year one.

High performance is often measured in grand actions – a world record, an audacious show of strength or a burst of speed. What these great moments

require, and what the CSIC understands is that it takes a holistic approach that encompasses all aspects of the athlete to get to the top.

The CSIC facilitates the resources required for top performances.



An aspiring athlete no longer has to act as a broker in their own development – connecting coaches, nutritionist, therapists and financial support. The CSIC provides services that are integrated, easily accessible and world class.

With the CSIC acting as a one-stop-shop, athletes can focus on their training and competition and access the necessary expertise they require. This takes financial and psychological stress off of the athletes - and their families.

While the results of competition and training seem like obvious ways that

the CSIC’s support has been beneficial, it is the integration of the coaches with expertise in preparing them that has made a real difference.

The CSIC is proactive and uses its collective expertise to support National Sport Organization’s and coaches in building world class athletes. In addition to the day to day focus on their support of the athlete to get to the podium, there are additional resources available that assist in life away from the training environment as well as life after sport. The CSIC continues to offer support even after the athlete retires from competition, assisting them in transition to future careers.

The CSIC provided me the opportunity for public speaking workshops, which led to sharing my story in many schools across Calgary. This played

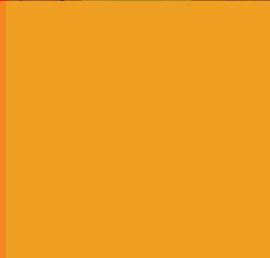
an important role in my future success. Today I am very confident in sharing my athlete journey with aspiring young people and with corporate executives.

The dividends of developing athletes beyond the field of competition has many benefits. There are many athletes who benefitted from their involvement with the CSIC from both a competition/ results perspective as well as skills for their second careers. Canada has a system that sees athletes continuing to do well and contributing back to sport via their volunteer efforts or corporate involvement.

Olympians who have had support from the CSIC have an impact on our society that is not limited to a race or game.



Catriona Lemay Doan is a two time Olympic champion in the 500m and a five time World Sprint Champion in Speed Skating and a Board Member of the CSIC





OVER COMING INJURY

AND COMING BACK STRONG

A three-time Olympian, Kyle Shewfelt made a historic breakthrough at the 2004 Olympic Games in Athens when he won gold on the floor exercise for Canada's first ever Olympic medal in men's artistic gymnastics.

Kyle trained at the University of Calgary Gymnastic Centre with the National Team, and capitalized on the expertise of the services that are centralized at the Canadian Sport Institute Calgary.

In such a high-impact sport, Kyle notes that maintenance of his health and his rehabilitation program was provided by the sport medicine experts and it was a major part of his success.

Shewfelt broke both of his legs on a bad landing during a training session at the 2007 World Championships in Germany. He was in immediate contact with Dr. Nick Mohtady who facilitated his return to Calgary and immediate surgery. The physiotherapist who was in charge of his rehabilitation was Susan Massitti. According to Shewfelt, he received the best medical care possible. Just 11 months later, he was back on the Olympic stage competing at the Olympic Games in Beijing 2008.

The long-time leader of the Canadian men's team, Kyle enjoyed many successes. His trophy case includes three bronze medals, 2003 floor exercise, 2003 vault, 2006 floor exercise, from the FIG World Championships. He was a six-time medallist in two appearances at the Commonwealth Games, including back-to-back gold medals on floor exercise as well as a 2002 gold medal on vault. He led the Canadian men to gold in the 2006 team event.

Since retiring in 2009, Shewfelt has remained involved with the sport as a television commentator as well as an ambassador and mentor for Gymnastics Canada. In 2013, he opened *Kyle Shewfelt Gymnastics* with programs for all ages. He learned from sport that taking initiative for yourself is the best way to live the life you want.

The Canadian Sport Institute believes in the exponential power of partnerships.

The centralization of services at Canada Olympic Park would not have been possible without the partnership of WinSport who invested millions to provide the equipment and facility access necessary for the Canadian Sport Institute Calgary to operate at a world-leading level.

THE PARTNERS

TRAINING FACILITIES

- Cardel Place
- Mount Royal University
- HPTRC Centre/Saville Centre
- Talisman Centre
- Foothills Athletic Park
- University of Alberta
- University of Calgary
- Yoga Mandala

CLINICS

- Active Life Centre
- Chiropractic Performance and Sports Therapy Centre
- EFW Radiology
- Glen Sather Sports Medicine Clinic
- Marda Loop Physiotherapy
- The Downtown Sports Clinics
- WinSport Medicine Clinic

WinSport offers Olympic and Paralympic quality training to all winter sports through its first-rate facilities: Canada Olympic Park in Calgary (sliding track, ski hill (alpine, freestyle and snowboard training), international and NHL sized arenas, and the Bob Niven Training Centre), the Bill Warren Training Centre at the Canmore Nordic Centre in Canmore Alberta, and the Beckie Scott

High Performance Training Centre on Haig Glacier. WinSport also funds two-thirds of the operating cost for the Olympic Oval at the University of Calgary.

The Canadian Sport Institute Calgary is also supported by a host of world-class training facilities and clinics across Alberta that allow us to deliver performance services directly to athletes in their daily training environment.

When these facilities are combined with the expertise of the Canadian Sport Institute, Calgary becomes THE training destination of choice for Canadian athletes.



FUNDING PARTNERS

SPONSORS



LUGE

As a result of the legacy of the 1988 Olympic Winter Games, Calgary has the infrastructure for continued development of the Luge program. The Canadian Sport Institute Calgary (CSIC) have always been supporters of Luge Canada. CSIC recognized that to build a solid program would take time. They saw potential in the initial plan developed by Luge Canada and have been patient in seeing results.

Strength and conditioning and biomechanics staff have over the years developed a strong working relationship with the coaches and leadership at Luge Canada. From a developmental sport to winning medals on the World Cup circuit and at World Championships is the result of a patient and long term approach. To date, their best Olympic results were fourth place finishes in Sochi 2014.

In a sport that races around high-banked curves at speeds upwards of 130 km/hr, lugers can experience a pull equal to five times the force of gravity. The support of the Integrated Support Team from CSIC has been instrumental to the team. The best part is yet to come for Luge Canada.

Clara Hughes has participated in six Summer and Winter Olympic Games and she made her third Summer Olympic appearance as a cyclist in London 2012.

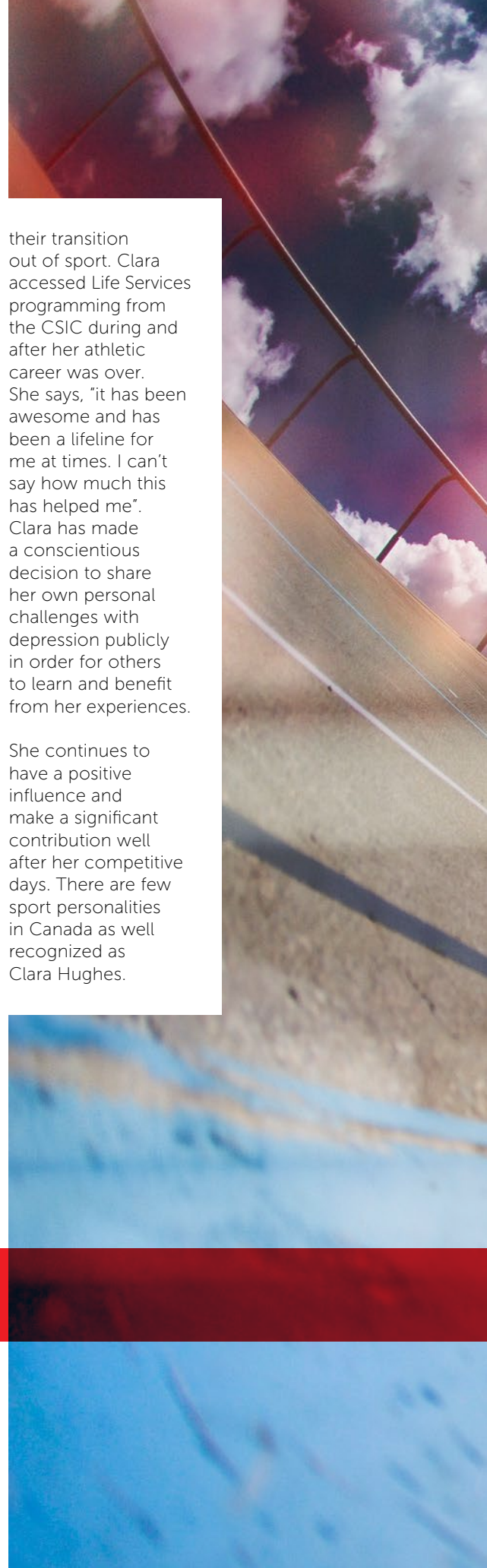
She is one of the most revered Canadian athletes of all-time with six Olympic medals, having won four as a long track speed skater and two as a cyclist. Clara is just the fourth athlete to ever win medals at both the Summer and Winter Olympic Games, and is the only athlete in history to win multiple medals at both.

Giving back has been a corner stone of Clara's athletic and post-athletic career. Clara has used her athletic success and profile in sport to contribute to causes she believes passionately about. She donated her prize money in Turin 2006, after winning the gold in the 5000m to *Right to Play*, a world-wide charity promoting the use of sport for overcoming hardships in disadvantaged communities. After the London Olympics, Clara became the *Bell Let's Talk* spokesperson to raise awareness of mental illness, particularly depression.

The Canadian Sport Institute Calgary has always adopted a holistic approach to developing not only great athletes but great people. We are committed to supporting them during their athletic career as well as helping them through

their transition out of sport. Clara accessed Life Services programming from the CSIC during and after her athletic career was over. She says, "it has been awesome and has been a lifeline for me at times. I can't say how much this has helped me". Clara has made a conscientious decision to share her own personal challenges with depression publicly in order for others to learn and benefit from her experiences.

She continues to have a positive influence and make a significant contribution well after her competitive days. There are few sport personalities in Canada as well recognized as Clara Hughes.

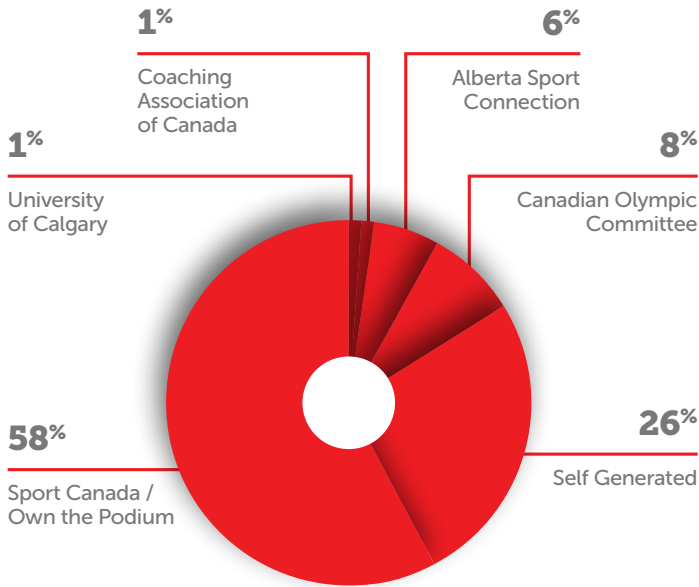




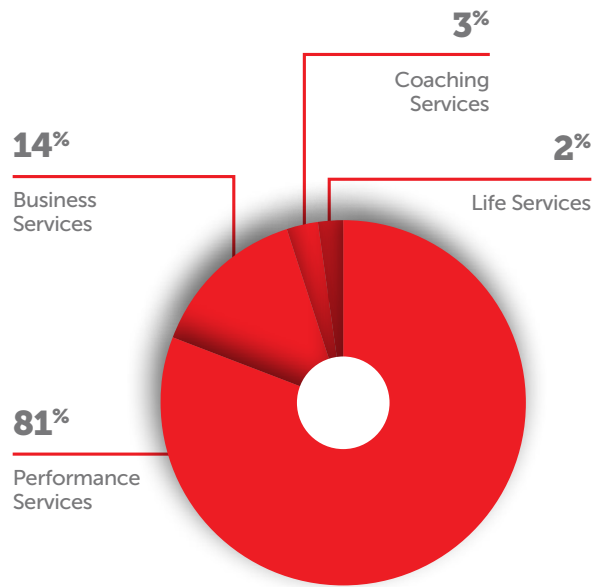
MAKING HISTORY

WELL INTO THE FUTURE

FUNDING



INVESTMENT



Detailed financial information can be found at www.csicalgary.ca



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Coaching Association of Canada



DENNY MORRISON

Denny Morrison has medal performances in the three Winter Olympic Games he has competed in (2006, 2010 and 2014). The long term partnership between Speed Skating Canada and the Canadian Sport Institute Calgary (CSIC) has been part of Denny's success. He has worked with CSIC mental performance consultant Derek Robinson over the three cycles. Scott Maw exercise physiologist, has also worked closely with Denny's coaches to provide Denny with the best preparation to consistently compete for podium results.

Early in his speed skating career, Denny looked up to Canadian Speed Skating icons, Catriona Le May Doan and Clara Hughes, eventually becoming teammates with them. He too wants to lead by example, the same way he was inspired when he first made the national team.



BREAK ING REC ORDS

THROUGH PREPARATION AND D

As a three-time Olympian and six-time medallist, long track speed skater **Cindy Klassen** wrote herself into the record books with her performance at the 2006 Olympic Winter Games in Turin when she became Canada's most decorated Olympic athlete.

She won her first medal in the 3000m in her Olympic debut at Salt Lake City 2002. Klassen reached the podium in five events in Turin. Klassen was the first speed skater in 26 years and the first female ever to accomplish this feat. Following these successes, she was given the honour of being the Canadian flag bearer at the Closing Ceremony in 2006.

Cindy grew up playing hockey and only turned to speed skating when she was 19 years old. It gave her more of the individual aspect and the race adrenaline that she really enjoyed in sport. Through her career, but mostly in preparation for the Turin Olympics, she worked closely

with Canadian Sport Institute Calgary's Sport Psychologist Derek Robinson and strength and conditioning coach Matt Jordan. She had total confidence in her coach Neal Marshall and the goal was to prepare her for every situation and train through adversity.

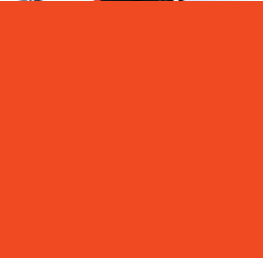
Looking back on her accomplishments, the medal she won in the 5000m was a real honor because she stood beside Clara Hughes on the podium listening to the Canadian anthem.

WORLD CHAMPIONSHIP TOP EIGHT

GOLD

Brian McKeever
Para Cross Country Skiing
Long Distance (B 1-3)
Coach: Robin McKeever

Arinn Young
Wheelchair Basketball
Coaches: Bill Johnson (Head coach), Michael Broughton (Assistant Coach), Michele Hynes



SILVER

Mark Arendz
Para Biathlon
Long Distance (LW 2-9)
Coach: Robin McKeever

Jordan Belchos
Ted-jan Bloemen
Tyler Derraugh
Denny Morrison
Speed Skating
Long Track, Team Pursuit
Coaches: Bart Schouten, Mark Wild

Ivanie Blondin
Speed Skating
Long Track, Mass Start
Coach: Mark Wild

Dustin Cook
Alpine skiing, Super G
Coaches: Burkhard Schaeffer, Massimo Carca, Paolo Deflorian, Serge Dugas, Ben Black

Stefan Daniel
Paratriathlon
Coach: Carolyn Murray

Alex Harvey
Cross Country Skiing
Individual Sprint Classic
Coach: Louis Bouchard

Zachary Madell
Wheelchair Rugby
Coach: Kevin Orr

Denny Morrison
Speed Skating
Long Track, 1500m
Coach: Bart Schouten

Nathan Smith
Biathlon, 10 km Sprint
Coach: Matthias Ahrens

Ross Willson
Para-Cycling C1 - 3km Pursuit
Coach: Cameron Jennings



BRONZE

Allison Beveridge
Cycling, Track, Scratch Race
Coach: Greg Griffin

Allison Beveridge
Kirsti Lay
Cycling, Track, Pursuit
Coach: Greg Griffin

Laurent Dubreuil
Speed Skating
Long Track, 500m
Coach: Gregor Jelonek

Alex Gough
Samuel Edney
Justin Snith
Tristan Walker
Luge, Team Relay
Coaches: Wolfgang Staudinger, Bernhard Glass

Alex Harvey
Cross Country Skiing
Skiathlon
Coach: Louis Bouchard

Jaye Milley
Para-Cycling Track
1000m Time Trial Race,
Kilo Race
Coach: Eric van den Eynde

Jaye Milley
Para-Cycling C1 - 3km Pursuit
Coach: Eric van den Eynde

Elisabeth Vathje
Skeleton
Coaches: Ivo Pakains, Richard Bromley, Rob Gray

FOURTH

Mark Arendz
Para Cross Country Skiing
Middle Distance (LW 2-9),
Coach: Robin McKeever

Mark Arendz
Para Cross Country Skiing
Relay (Mixed)
Coach: Robin McKeever

Ivanie Blondin
Kali Christ
Heather Mclean
Josie Spence
Speed Skating
Long Track, Team Pursuit
Coaches: Xiuli Wang, Mark Wild

Jane Channell
Skeleton
Coaches: Ivo Pakains, Richard Bromley, Rob Gray

Brayden McDougall
Para-Cycling
C1 - 1000m Time Trial
Coach: Eric van den Eynde

Denny Morrison
Speed Skating
Long Track, 1000m
Coach: Bart Schouten

Chris Klebl
Para Cross Country Skiing
Long Distance (LW 10-12),
Coach: Robin McKeever

Chris Klebl
Para Cross Country Skiing
Relay (Mixed)
Coach: Robin McKeever

Kevin Koe
Carter Rycroft
Pat Simmons
Nolan Thiessen
Curling
Coach: John Dunn

Michelle Salt
Para Snowboard Cross (LL1)
Coach: Mark Fawcett

Monique Sullivan
Cycling, Track Keirin
Coach: Erin Hartwell

RESULTS

FIFTH

Mark Arendz

Para Biathlon Middle Distance,
(LW 2-9)
Coach: Robin McKeever

Alex Gough

Luge, Individual
Coaches: Wolfgang Staudinger,
Bernhard Glass

Alex Harvey

Cross Country Skiing, 50 km
Mass Start Classic
Coach: Louis Bouchard

Taylor Henrich

Ski Jumping, Normal Hill
Coach: Gregor Linsig

Chris Klebl

Para Cross Country Skiing
Middle Distance (LW 10-12)
Coach: Robin McKeever

Brady Leman

Ski Cross
Coaches: Eric Archer, James
Clarkson, Marco Ruiz Navarro

Braydon McDougall

Para-Cycling Track 1000m
Time Trial Tace Kilo Race
Coach: Eric van den Eynde

Brayden McDougall

Para-Cycling
C1 - 3km Pursuit
Coach: Eric van den Eynde

Jaye Milley

Para-Cycling
C1 - 3km Pursuit
Coach: Eric van den Eynde

Katherine Plouffe

Michelle Plouffe
Women's Basketball
Coaches: Lisa Thomaidis,
Shawee Harle, Beverly Smith

Michael Sametz

Para-Cycling
C3 - Time Trial
Coach: Philippe Abbott

Kirk Schornstein

Para Alpine Skiing
Slalom, Standing
Coaches: Jean-Sebastien Labrie,
Dave White

SIXTH

Ted-jan Bloemen

Speed Skating
Long Track, 10000m
Coach: Bart Schouten

Ted-jan Bloemen

Speed Skating
Long Track, 5000m
Coach: Bart Schouten

Ivanie Blondin

Speed Skating
Long Track, 5000m
Coach: Mark Wild

Kali Christ

Speed Skating
Long Track, 1000m
Coach: Todd McClements

Keltie Hansen

Freestyle Skiing, Halfpipe
Coaches: Trennon Paynter,
Marc McDonnell

Erin Mielzynski

Alpine Skiing, Slalom
Coaches: Jim Pollock,
Jay Keddy and Jeff Lackie

Ross Willson

Para-Cycling
C1 - Time Trial
Coach: Cameron Jennings

SEVENTH

Ivanie Blondin

Speed Skating
Long Track, 3000m
Coach: Mark Wild

Kaillie Humphries Melissa Lotholz

Bobsleigh, 2-Man
Coaches: Chris Lebihan,
Stephan Bosch

Alana Ramsay

Para Alpine Skiing
Downhill, Standing
Coach: Lasse Ericsson

Alana Ramsay

Para Alpine Skiing
Giant Slalom, Standing
Coach: Lasse Ericsson

Kirk Schornstein

Para Alpine Skiing
Downhill, Standing
Coaches: Jean-Sebastien
Labrie, Dave White

Dallas Soonias Graham Vigrass

Volleyball
Coaches: Glenn Hoag (Head
Coach), Vincent Pichette,
(Assistant Coach), Lawrence
McKay, (Assistant Coach),
Jean-Sebastien Hartell

Ross Willson

Para-Cycling
C1 - Road Race
Coach: Cameron Jennings

EIGHTH

Lascelles Brown Alexander Kopacz Derek Plug Chris Spring

Bobsleigh, 4-Man
Coaches: Chris Lebihan,
Stephan Bosch

Kali Christ

Speed Skating
Long Track, 1500m
Coach: Todd McClements

Gilmore Junio

Speed Skating
Long Track, 3000m
Coach: Michael Crowe

Marianne Leeson

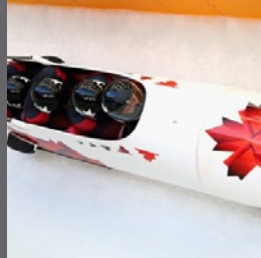
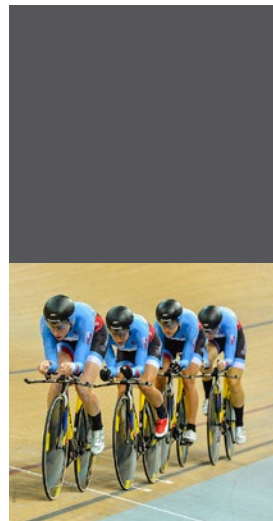
Snowboarding, Parallel GS
Coach: Rob Roy

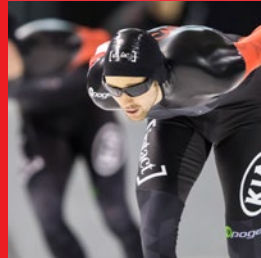
Alana Ramsay

Para Alpine Skiing
Super Combined, Standing
Coach: Lasse Ericsson

Michael Sametz

Para-Cycling
C3 - 3km Pursuit
Coach: Philippe Abbott





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