

# ANNUAL REVIEW 2022/23



# Chair and President & CEO's Message



**DAVID DE VLIENER**  
Chair, Board of Directors

**CSI Calgary athletes inspired us all this year with almost 90 top-eight finishes in World Championship competition – congratulations!**

Now, in these post-Olympic and Paralympic years, we refocus our attention to building capacity into the next quadrennial, keeping in mind our mission to provide a world-leading multisport daily training environment for podium pathway athletes and coaches through expert leadership, services and programs.

Building capacity in mental health services has become a focal point, as we expand our efforts to support athletes and coaches in gaining valuable tools and skillsets to effectively manage their mental health and well-being. CSI Calgary has demonstrated its commitment to providing a safe sport environment for all as a signatory to the Office of the Sport Integrity Commissioner (OSIC) this year.

Our ever-present focus on supporting world-class sport performance also guides our efforts in areas such as upgrading facilities, firming and renewing our relationship with WinSport, and relentlessly growing our expertise.

CSI Calgary is currently setting the stage for expanding services across Alberta, which will build further capacity and support more athletes province-wide.

As always, thank you to our funding and community partners for their valued support and shared vision of impacting sport performance through science.

At CSI Calgary, our approach has always considered and valued the athlete as a whole person, and our efforts today reinforce this human being-centred perspective. It's about performance – in the right way.



**GARY DAVIES**  
President & CEO

# VISION

Impacting Sport Performance through Science  
– One Athlete at a Time.

# MISSION

To provide a world-leading multisport daily training environment for podium pathway athletes and coaches through expert leadership, services, and programs.

# VALUES

Five core values guide our vision, shape our processes and outcomes, and help to secure our continued positive reputation nationally and internationally:

Excellence   Leadership   Innovation   Integrity   Partnerships

# Athlete Development and Community

By investing in the future of sport and supporting athletes of all ages and abilities, we are helping to build a stronger, healthier, and more vibrant community.



**291**  
**ATHLETES**  
participated in the  
Edmonton and Calgary  
provincial qualifiers  
up from 234

## RBC Training Ground

First in Canada to host an RBC Training Ground that served as preparation for the North American Indigenous Games. **246 athletes** attended the event.

**1,455**  
**FIELD TESTS**

administered by our practitioners  
up from 936



## Canada Games Enhancement Program

We awarded **\$67,000** in funding to **nine Provincial Sport Organizations** through the Canada Games Enhancement Program. The program was funded by revenue generated via the 50/50 Beijing Olympic and Paralympic Games lottery and was created to enhance the development of provincial-level athletes and coaches in Olympic and Paralympic disciplines.



# Athlete Development and Community continued



# 135 STUDENTS

are enrolled in the Bowness High School High Performance Athlete Development pathway up from 118

# 25 STUDENTS

are scheduled to graduate in June 2023 up from 20

## Coming Together

Following the Beijing Games and through our **Coming Together** campaign, athletes visited local sports schools to tell their story of resilience and overcoming COVID-19 to compete at the Games. More than 100 Tokyo and Beijing athletes were also celebrated at the **Red White & Gold** gala in June.



## Testing Combine

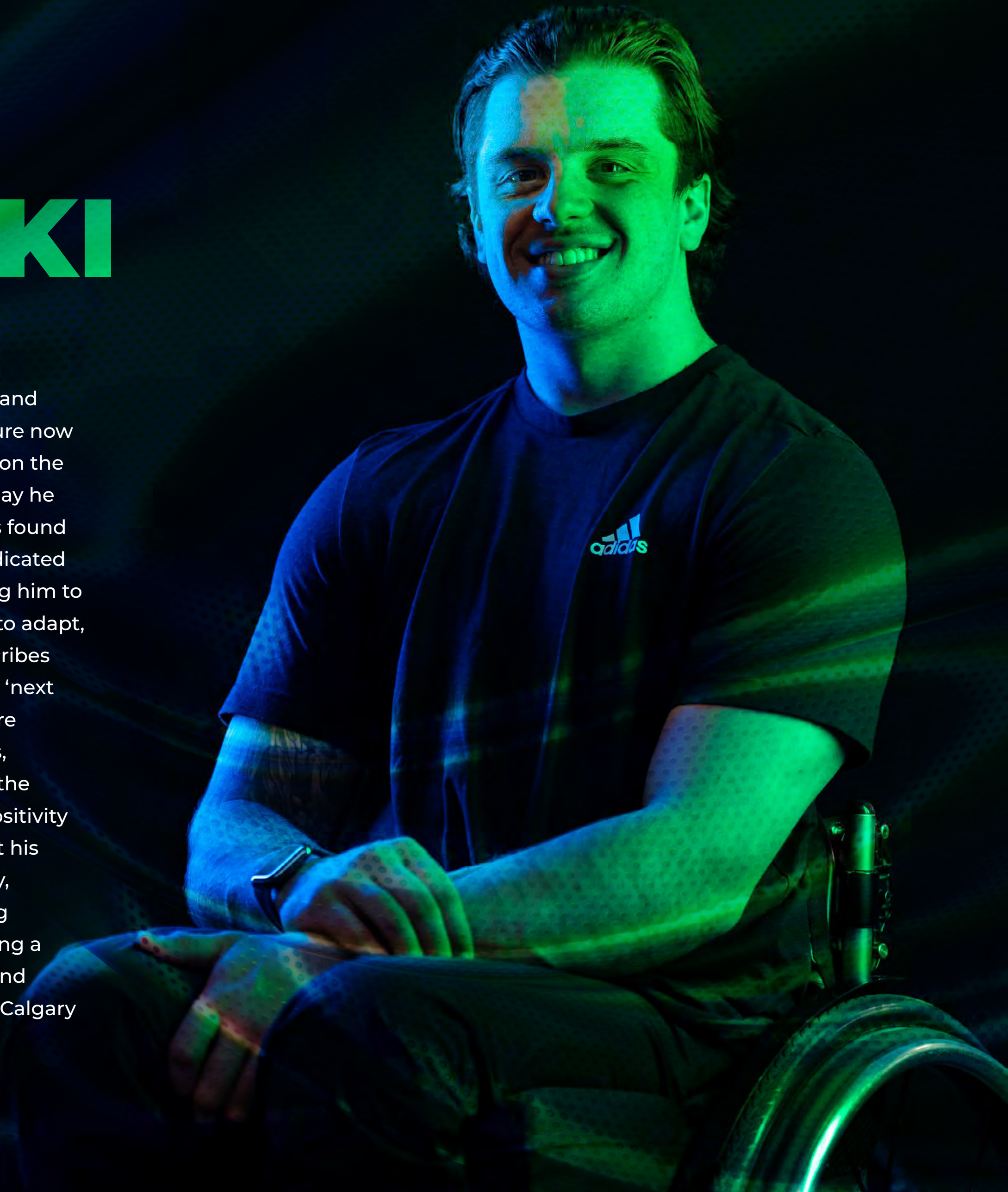
We hosted testing combines for Alpine Alberta and World Elite Hockey totalling **191 athletes.**



# RYAN STRASCHNITZKI

THE ONE  
CONSTANT IN RYAN  
STRASCHNITZKI'S LIFE  
HAS BEEN A DEEP,  
ABIDING LOVE OF  
SPORT, EVEN AFTER  
A DEVASTATING  
ACCIDENT.

Sport has been his life's guiding light and helped foster a keen focus on the future now that he's chasing Paralympic dreams on the ice, pitch, court or whatever field of play he can find. These days Straschnitzki has found himself surrounded by a new and dedicated team of experts at CSI Calgary, helping him to seek and hone the skills he will need to adapt, train and excel in new sports. He describes his experience at CSI Calgary so far as 'next level' in terms of expertise, atmosphere and support. Undeterred by obstacles, Straschnitzki is unabashedly making the most of the one life he has and the positivity that spills out of him as he talks about his future is inspiring, be it in para hockey, golf, wheelchair basketball or showing other athletes the importance of having a plan B. He will go far as his strength and determination will take him, with CSI Calgary lending support along the way.



# Health and Performance

We understand the importance of physical and mental wellness in achieving peak athletic performance. Our expert team works tirelessly to provide customized solutions and support to help athletes reach their full potential.

## Monitoring and Performance Testing

**651**  
**ATHLETES**  
received services  
up from 579

**1,310**  
**LAB TESTS**  
up from 945

**2,196**  
**FIELD TESTS**  
up from 1,773

**424**  
**BLOOD DRAWS**



**650**  
**ANTHROPOMETRIC TESTS**  
up from 630

**332**  
**STRENGTH AND  
POWER LAB TESTS**



# KELLY QUIPP

Lead Exercise Physiology & Sport Physiologist

TWENTY YEARS  
ON, IF YOU'RE STILL  
EXCITED ABOUT  
THE WORK YOU DO  
EVERY DAY, YOU  
MUST HAVE CHOSEN  
THE RIGHT PATH.

Such is the case for Kelly Quipp, exercise sport physiologist and the newly appointed High Performance Advisory Council Physiology lead – for Sport Scientist Canada – who likens her professional journey through exercise physiology to that of her own personal one through motherhood: the chaotic early years with a steep learning curve, to the calmer later years nurturing growth and development. The extent and variety of Quipp's experience in high performance sport has equipped her with a formidable skillset that she wields with confidence, poise, and the curiosity of a newborn. A self-described sponge in every situation, and self-aware enough to know what she doesn't know, Quipp is constantly putting into action what she's learned, and is still learning, into the many roles she fills in the Canadian high performance sport landscape. Collaboration with good people is what helps Quipp fulfill her goal of developing and retaining sport science talent in Canada.





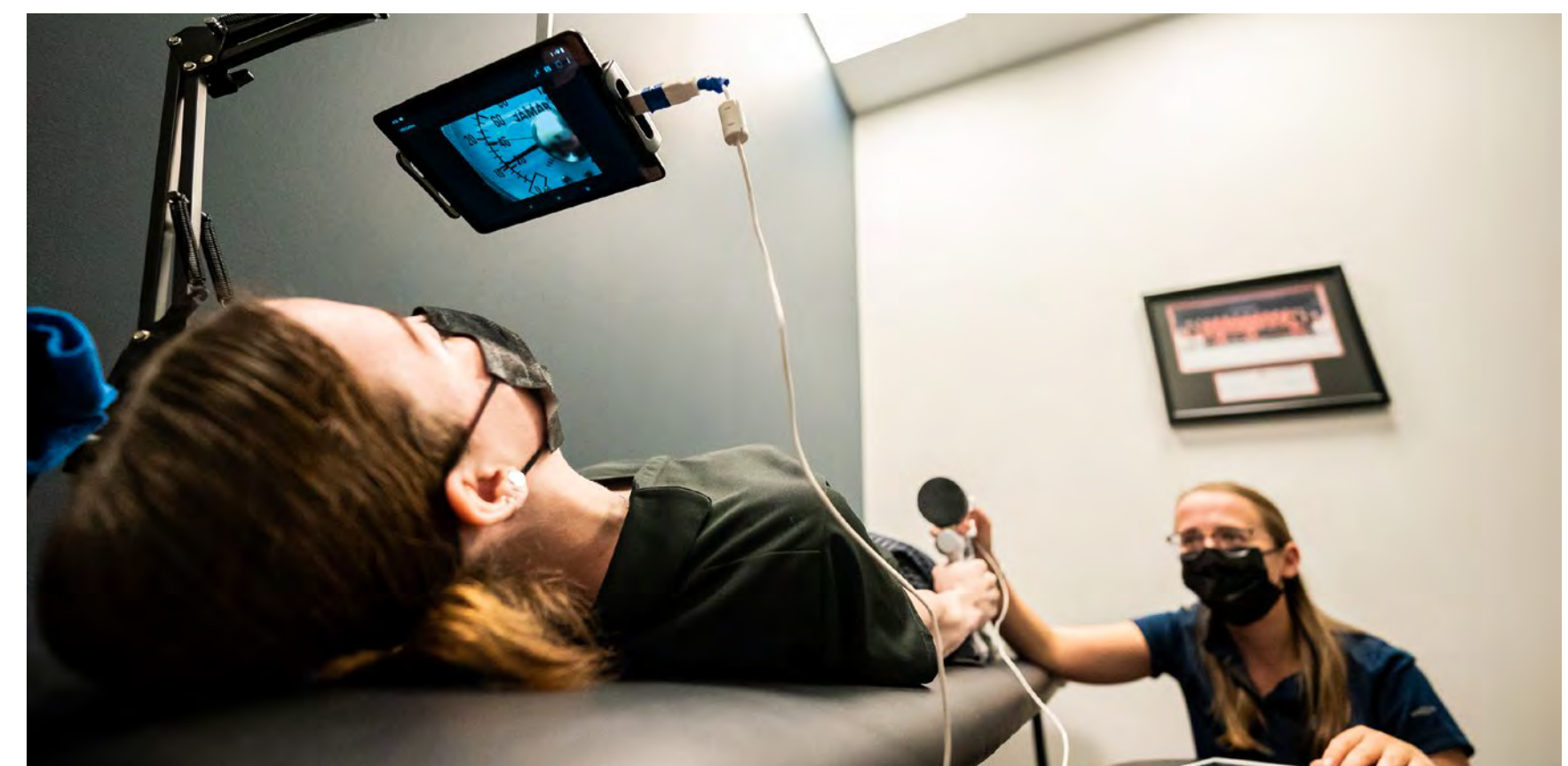
# Health and Performance continued

## Benson Concussion Institute

**636 athletes** went through the Benson Concussion Institute program and **104 concussions** were treated. **85 CSI Calgary-affiliated athletes** went through the program and **25 athletes** were treated for a concussion.

## Nutrition

**125 NUTRITION INTAKES** were completed up from 111



## Para-sport

**Nine para-sports** have used the new Para Specific PRIVIT section. Para sport athletes face unique medical challenges and adapting the PRIVIT medical form creates a more welcoming space, allows for personalized care, and optimizes testing set up.





# KELLY DRAGER

Lead Performance Dietitian

“I WISH I COULD  
HAVE KNOWN  
MORE!”

is a refrain Kelly Drager hears frequently after speaking with former female athletes about a topic that was once casually dismissed, or worse, ignored entirely: menstruation. Thanks to Drager, today’s female athletes are past that taboo. Now with six years of data collection in hand from CSI Calgary’s nutrition intake process, Drager is building a wealth of knowledge and understanding in menstrual cycles and contraceptive use at the CSI Calgary. This information helps identity change about the variability between female

athletes and within one female’s own cycle and the various contraceptives being used and their prevalence among elite athletes in a variety of sports. Together with other information and markers it assists in identifying serious syndromes like Relative Energy Deficiency in Sport (REDS), menstrual dysfunction unrelated to underfueling and more. Drager’s work to educate and empower female athletes to advocate for themselves is facilitating the conversations for improved health and performance. Today, they do know more.

## Health and Performance continued

### Game Plan

Game Plan's vision is to develop holistic, well-rounded individuals that excel in and out of sport through a fully integrated program where long-term personal, educational, and professional achievement does not come at the expense of athlete wellbeing.

Game Plan supports athletes on and off the field of play, and equips them to stay in sport longer, perform better, and retire healthier knowing they have the tools to prepare and be positive members of their communities at all stages of their career.

The Game Plan team had **297 interactions** with **187 unique athletes** from **42 sports** (26 Olympic, 16 Paralympic).

We hosted **18 workshops** and events (up from 10) with **313 athletes** (up from 165).



Over 100 Tokyo and Beijing Olympians and Paralympians attended the Game Plan Summit

### Mental Health Workshops

A brand-new initiative this year was tailored Mental Health 101 workshops for athletes. **457 athletes** attended and most created an Individual Mental Health Action Plan. Mental Health 101 for coaches returned with **123 coaches** taking part.

**457**  
**ATHLETES**  
attended



**GAME PLAN**  
**PLAN DE MATCH**

Powered by | Parrainé par

**Deloitte.**

# CLARE

Mental Health Practitioner and Mental Performance Consultant

# FEWSTER



PULLING BACK THE  
VEIL ON MENTAL  
HEALTH IN SPORT IS  
A MAJOR FOCUS AT  
CSI CALGARY.

# AMY VAN BUSKIRK

Manager, Athlete Experience and Game Plan Advisor

Among those spearheading the effort are Clare Fewster and Amy Van Buskirk, a complimentary duo aiming to break down barriers and improve access to mental health supports for athletes, coaches and staff. One approach is the Game Plan Mental Health 101 workshop, which provides athletes with an individual action plan to help them understand, anticipate, and communicate day-to-day changes in their mental health. This, in turn, helps coaches work towards providing a supportive challenging environment that is sensitive to the athlete's needs. Fewster and Van Buskirk are creating layers of support for athletes and coaches to identify and address mental health issues that can impact performance and overall wellbeing.

## Health and Performance continued



### Smith School

**Eleven CSI Calgary athletes** are enrolled/graduated in a Graduate Degree Programs and MBA Programs through the Smith School of Business at Queens University and are representatives of Game Plan Scholarships.

### Community and High-Performance Partners

Partnering with organizations to offer access or discounted offers to athletes affiliated at the Canadian Sport Institute Calgary is a win-win situation. Not only does it provide our athletes with exclusive deals, but it also allows us to expand our network and build valuable relationships with other businesses.



### Success After Sports

The Game Plan team hosted four cohorts of Success After Sports a program to help athletes transition into their post-athletic careers, which included **16 CSI Calgary affiliated athletes**.

### High-Performance Partners



Mount Royal University

Olympic Oval

MNP Community & Sport Centre

University of Alberta:  
Glen Sather Sports Medicine Clinic,  
High Performance Training and Research  
Centre, Saville Community Sports Centre

University of Calgary Sport Medicine Centre



We are proud

# Top 8 Results from World Championships

## Gold

**Mark Arendz**  
Para Biathlon,  
Men's 10km Middle Standing

**Mark Arendz**  
Para Biathlon,  
Men's 12.5km Standing

**Mark Arendz**  
Para Nordic,  
Men's 10km Standing

**Ivanie Blondin, Carolina Hiller, Brooklyn McDougall**  
Speed Skating,  
Team Sprint Women

**Ivanie Blondin, Valerie Maltais, Isabelle Weidemann**  
Speed Skating,  
Team Pursuit Women

**Collin Cameron**  
Para Biathlon,  
Men's 7.5km Sprint Sitting

**James Crawford**  
Alpine Ski, Men's Super G

**Stefan Daniel**  
Para Triathlon, World Triathlon  
Championships Abu Dhabi

**Laurent Dubreuil, Christopher Fiola, Antoine Gelinias-Beaulieu**  
Speed Skating, Team Sprint Men

**Alexandria Loutitt**  
Ski Jumping, Women's Large Hill

**Brendan Mackay**  
Freestyle Skiing,  
Men's Freeski Halfpipe

**Laurence St-Germain**  
Alpine Ski, Women's Slalom

**Natalie Wilkie**  
Para Biathlon,  
Women's 7.5km Sprint Standing

**Natalie Wilkie**  
Para Biathlon,  
Women's 12.5km Standing

**Natalie Wilkie**  
Para Nordic, Women's Sprint Free  
Style Standing 1.2km

**Natalie Wilkie**  
Para Nordic, Women's Sprint Free  
Style Standing 0.8km

## Silver

**Erin Ambrose, Jaime Bourbonnais, Emily Clark, Ann-Renee Desbiens, Renata Fast, Sarah Fillier, Brianne Jenner, Rebecca Johnston, Jocelyne Laroque, Emma Maltais, Emerance Maschmeyer, Sarah Nurse, Kristin O'Neill, Marie-Philip Poulin, Jamie Lee Rattray, Danielle Serdachny, Ella Shelton, Natalie Spooner, Laura Stacey, Claire Thompson, Blayre Turnbull, Micah Zandee-Hart**  
Hockey, IIHF Women's  
World Championships

**Mark Arendz**  
Para Biathlon,  
Men's 7.5km Sprint Standing

**Ivanie Blondin**  
Speed Skating, Mass Start Women

**Collin Cameron**  
Para Nordic, Men's 18km Individual

**Collin Cameron**  
Para Nordic, Men's 10km Sitting

**Laurent Dubreuil**  
Speed Skating, 500m

**Antoine Gelinias-Beaulieu, Connor Howe, Hayden Mayeur**  
Speed Skating, Team Pursuit Men

**Brad Gushue, E. J. Harnden, Ryan Harnden, Mark Nichols, Geoff Walker**  
Curling, BKT Tires & OK Tire World  
Men's Curling Championship

**Reece Howden, Marielle Thompson**  
Ski Cross, Mixed Ski Cross Team

**Brittany Hudak**  
Para Biathlon,  
Women's 7.5km Sprint Standing

**Megan Oldham**  
Freestyle Skiing,  
Women's Freeski Slopestyle

**Natalie Wilkie**  
Para Nordic, Women's 18km  
Individual Standing

**Natalie Wilkie**  
Para Nordic,  
Women's 10km Standing

## Bronze

**Cameron Alexander**  
Alpine Ski, Men's Downhill

**Shannon Birchard, Kerri Einarson, Briane Harris, Krysten Karwacki, Val Sweetings**  
Curling, LGT World Women's  
Curling Championship

**Ted-Jan Bloemen**  
Speed Skating, 10000m Men

**Piper Gilles, Paul Poirier**  
Figure Skating, Ice Dance

**Valerie Grenier, Erik Read, Jeffrey Read, Britt Richardson**  
Alpine Ski, Mixed Team Parallel

**Brittany Hudak**  
Para Biathlon, Women's 10km  
Middle Standing

**Brittany Hudak**  
Para Nordic, Women's 18km  
Individual Standing

**Rachael Karker**  
Freestyle Skiing,  
Women's Freeski Halfpipe

**Megan Oldham**  
Freestyle Skiing,  
Women's Freeski Big Air

**Christina Picton**  
Para Biathlon,  
Women's 12.5km Sitting

**Mirela Rahneva**  
Skeleton, Women's Skeleton

## Fourth

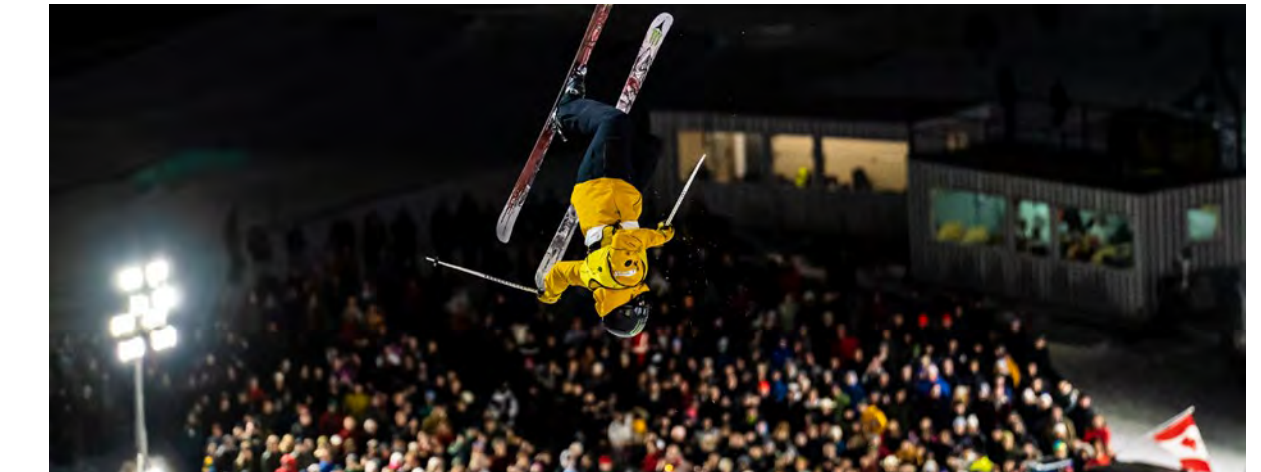
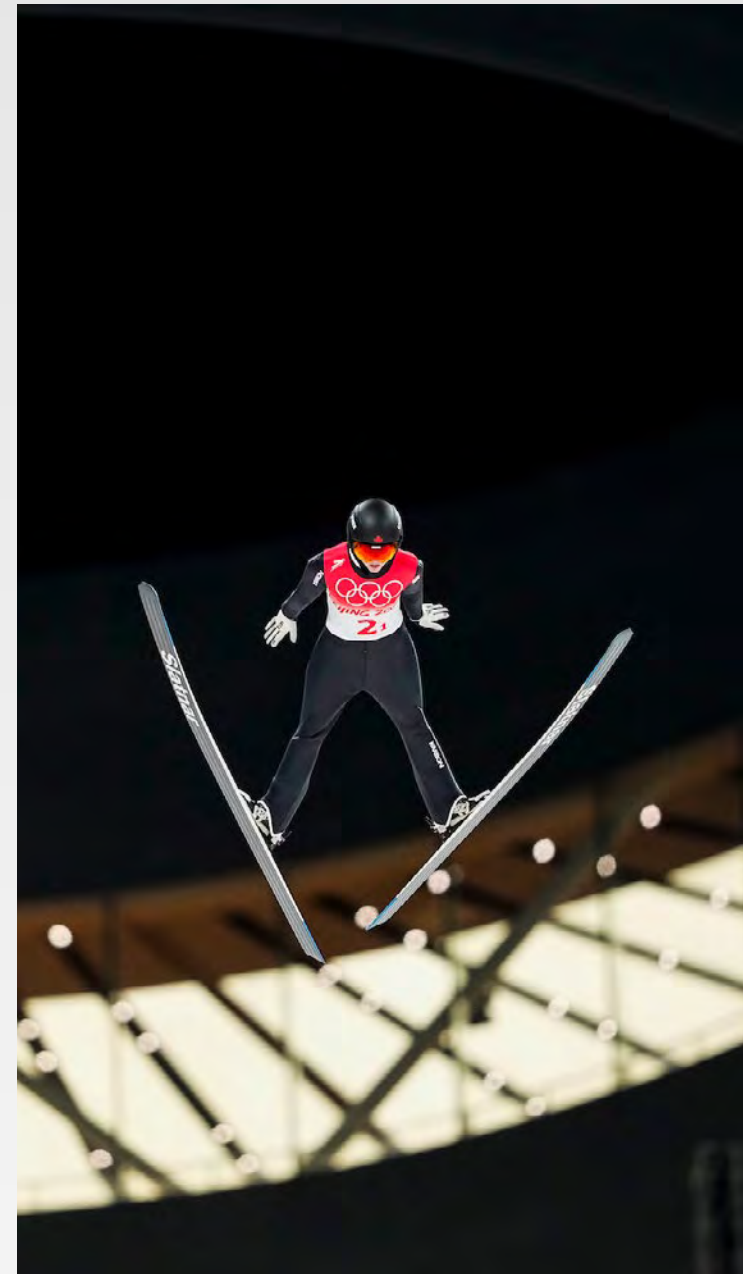
**Mark Arendz, Collin Cameron, Natalie Wilkie, Derek Zaplontinsky**  
Para Nordic, Mixed Relay

**Ivanie Blondin**  
Speed Skating, 1500m Women

**Antoine Cyr, Graham Ritchie**  
Cross Country Ski,  
Men's Team Sprint Final

**Maxime Deschamps, Deanna Stellato-Dudek**  
Figure Skating, Pairs

**Reece Howden**  
Ski Cross, Men's Ski Cross



## Top 8 Results from World Championships continued

### Brittany Hudak

Para Biathlon,  
Women's 12.5km Standing

### Christina Picton

Para Biathlon,  
Women's 7.5km Sprint Sitting

### Christina Picton

Para Nordic, Women's 18km  
Individual Sitting

### Marielle Thompson

Ski Cross, Women's Ski Cross

### Devin Wardrope, Cole Zajanski

Luge, U23 Men's Doubles

### Isabelle Weidemann

Speed Skating, 5000m Women

### Derek Zaplontinsky

Para Biathlon,  
Men's 10km Middle Sitting

## Fifth

### Mark Arendz

Para Nordic, Men's Sprint Free  
Style Standing 0.8km

### Mark Arendz

Para Nordic, Men's Sprint Style  
Standing 1.2km

### Antoine Cyr, Xavier McKeever, Olivier Leveille, Graham Ritchie

Cross Country Ski,  
Men's 4x10km Relay

### Kevin Drury

Ski Cross, Men's Ski Cross

### Sabrina Fang, Jessica Guo, Eleanor Harvey, Kelleigh Ryan

Fencing World Championships  
Women's Senior Foil Team

### Graeme Fish

Speed Skating, 10000m Men

### Laurence Fournier Beaudry, Nikolaj Soerensen

Figure Skating, Ice Dance

### Amy Fraser

Freestyle Skiing,  
Women's Freeski Halfpipe

### Zak Maddell

Wheelchair Rugby,  
Wheelchair Rugby World  
Championship Denmark

### Valerie Maltais

Speed Skating, 3000m

### Christina Picton

Para Nordic,  
Women's 10km Sitting

### Derek Zaplontinsky

Para Nordic, Men's Sprint Free  
Style Sitting 0.8km

### Derek Zaplontinsky

Para Nordic, Men's Sprint Free  
Style Sitting 1.2km

## Sixth

### Cynthia Appiah

Bobsleigh, Women's Monobob

### Collin Cameron

Para Nordic, Men's Sprint Free  
style Sitting 1.2km

### Collin Cameron

Para Nordic, Men's Sprint Free  
Style Sitting 0.8km

### Jane Channell

Skeleton, Women's Skeleton

### Natalie Eilers, Nicole Maurer, Alexandria Loutitt, Abigail Strate

Ski Jumping,  
Women's Team Normal Hill



### Blake Enzie, Mirela Rahneva

Skeleton, Skeleton Mixed Team

### Brittany Hudak

Para Nordic,  
Women's 10km Standing

### Trennt Michaud, Lia Pereira

Figure Skating, Pairs

### Christina Picton

Para Nordic, Women's Sprint Free  
Style Sitting 0.8km

### Christina Picton

Para Nordic, Women's Sprint Free  
Style Standing 1.2km

### Isabelle Weidemann

Speed Skating, 3000m

### Derek Zaplontinsky

Para Biathlon,  
Men's 7.5km Sprint Sitting

## Seventh

### Antoine Gelinas-Beaulieu

Speed Skating, 1000m

### Antoine Gelinas-Beaulieu

Speed Skating, 1500m Men

### Brady Leman

Ski Cross, Men's Ski Cross

### Emma Lunder

Biathlon,  
Women's 12.5km Mass Start

### Keegan Messing

Figure Skating, Men

## Eighth

### Cynthia Appiah, Niamh Haughey

Bobsleigh, 2-Woman Bobsleigh

### Jasmine Baird

Snowboard, Women's Slopestyle

### Olivia Bouffard-Nesbitt, Liliane Gagnon, Jasmine Lyons, Katherine Stewart-Jones

Cross Country Ski,  
Women's 4x5km Relay

### Valerie Maltais

Speed Skating, Mass Start Women

### Valerie Maltais

Speed Skating, 5000m Women

### Derek Zaplontinsky

Para Biathlon, Men's 12.5km Sitting

# Education & Research

Our commitment to advancing knowledge and innovation in sport has helped countless athletes achieve their goals on the world stage.



AT CANADIAN SPORT INSTITUTE CALGARY

## Studentship

**\$74,583**  
**AWARDED**

in scholarships to students

## Research and Innovation

**\$667,041**  
**INVESTED**

in research and innovation

up from \$413,630

Of this, \$40,100  
was for I4G projects

## Coach Education

We hosted **290 hours** of targeted coach education including delivery of the Advanced Coaching Diploma to **44 coaches** from **20 different sports**.

## Professional Development

The IST Learning Lab is an internal professional development initiative developed to help CSI Calgary professionals gain experience, technical and non-technical skills and competencies to work effectively in inter-disciplinary Integrated Support Team contexts.

## Research Project Highlight

A collaborative effort has been initiated between CSI Calgary, Benson Concussion Institute, and the United States Olympic & Paralympic Committee to develop a research proposal aimed at assessing normative data for baseline concussion assessment among para sport populations. The project aims to establish baseline data for para-athletes, which currently does not exist. The establishment of norms in para populations is expected to enhance the ability of clinicians to accurately diagnose and monitor concussion severity. The project is set to continue in 2023, with the goal of improving the overall health and wellbeing of para-athletes.

“ The IST Learning Lab has been a valuable experience for me. From foundational knowledge to Games-related preparation, each learning block has provided me with tools and skills to leverage and grow as an Integrated Support Team member. I've learned most from listening to my colleagues' experiences encompassing all aspects of athlete support and particularly from the presenters on conflict management. I look forward to the upcoming final learning blocks and to reviewing my notes and resources throughout my career! ”

**KIM RICHARDSON**  
Physiotherapist



## Try It

We hosted four para sport Lunch and Learns and two “Try It” events for our staff to learn and play para hockey and wheelchair basketball.



# DR. BRIAN BENSON

Chief Medical Officer at the Canadian Sport Institute Calgary  
and Founder, Chief Medical Officer of Benson Concussion Institute

WHEN THE LAST  
CHAPTER OF YOUR  
DOCTORAL THESIS  
OPENS THE DOOR  
TO A NEW QUESTION  
THAT NO ONE HAS  
ASKED BEFORE, YOU  
WALK THROUGH  
IT AND SEEK THE  
ANSWER.

Taking those pioneering steps across the threshold today is Dr. Brian Benson, a world leader in sport concussion research. In the past, concussion prevention strategies revolved largely around equipment or policy changes and to date, most injury prevention research has focused on modifiable extrinsic risk factors – there is a void on modifiable intrinsic risk factors. The novel question then, that Dr. Benson is asking in his newest research project, is if the human brain itself can prevent concussions by enhancing a suite of neurologic processes in individual athletes, such as vision, dynamic neck strength, neuromuscular control, cardiovascular conditioning, mental resiliency, nutrition, sleep and cognition, through a supplementary, multi-modal training program? Not only could this reduce the risk of concussion injury, he posits, it could improve sport performance, too. Building a better brain just might be the answer he’s looking for.



# Financial, Funding and Client Acknowledgment

Proud partner of choice for the following organizations and teams:

## National Sport Organizations



## Provincial Sport Organizations



## Professional Sports



## University Sports



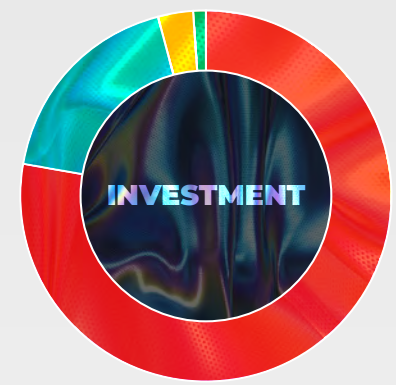
## Funding Partners



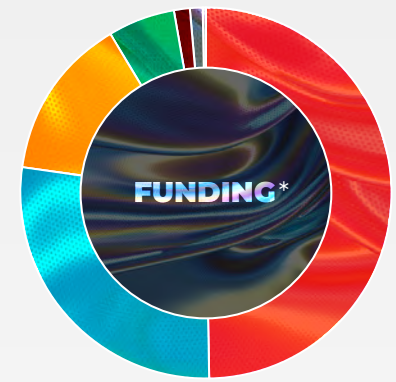
## Sponsors



We value our longstanding partnership with WinSport and thank them for their other significant contributions. The CSI Calgary and Canadian athletes and their coaches benefit from these contributions.

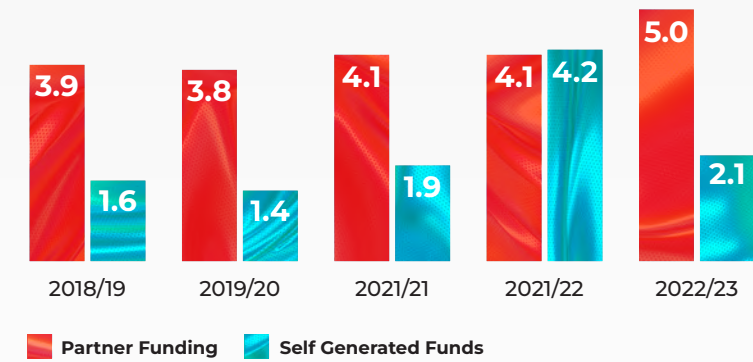


**77.2%** Performance Services  
**18.3%** Business Services  
**3.0%** Coaching  
**1.5%** Athlete Services



**49.8%** Sport Canada/Own the Podium  
**27.6%** Self Generated  
**14.3%** Government of Alberta  
**5.8%** Canadian Olympic Committee  
**1.3%** Coaching Association of Canada  
**1.1%** In-kind WinSport/University of Calgary  
**0.1%** Canadian Paralympic Committee

**CSI Calgary Funding Source Trend**  
(\$millions)



\* Self-generated revenue includes Team Canada 50/50 funds where the surplus is donated to Provincial Sport Organizations.

## Financial, Funding and Client Acknowledgment continued

### Board of Directors

**David de Vlieger** (Chair)  
Repsol Oil & Gas Inc.

**Erica Wiebe** (Vice Chair)  
Olympic Gold Medallist, Canadian Olympic Committee

**Doug Penner** (Secretary-Treasurer)  
Workhub Software Corp.

**Les Gramantik**  
Coach, Athletics

**Whitney Hughes-Plummer**  
Boston Consulting Group

**Catriona Le May Doan**  
Olympic Gold Medallist, Sport Calgary

**Dan Proulx**  
Coach, Mountain Biking

**Cheryl Sandercock**  
BMO Capital Markets

**Kyle Shewfelt**  
Olympic Gold Medallist, Kyle Shewfelt Gymnastics

**Geoff Thompson**  
Entrepreneur

### Founding Partner Representatives

**Kelly Dearborn**  
Sport Canada

**Pending Appointment**  
Canadian Olympic Committee

**Don Wilson**  
Government of Alberta

**Phil Graham**  
WinSport Canada

**Dr. Nick Holt**  
University of Calgary

**Lorraine Lafrenière**  
Coaching Association of Canada



### Winsport Partnership

Although CSI Calgary’s 10-year lease with WinSport doesn’t officially come to an end until December 31st, 2023, CSI Calgary is very happy to announce that in early 2023 it agreed to a five-year lease extension with an option for an additional three years. As a result, it’s very likely that WinSport will remain the home of CSI Calgary through to the end of 2031.

As part of the lease renewal negotiations, CSI Calgary also welcomed a new

neighbour to its former administrative space, with Alpine Canada Alpin (ACA) moving in. ACA joins Luge Canada as the two National Sport Organizations that reside within CSI Calgary’s space, which helps to reduce our operating costs and makes for a stronger ongoing relationship with those two sports.

CSI Calgary is very appreciative of WinSport’s efforts to make this lease extension work in the best interest of all parties and we look forward to a mutually benefit relationship in the years ahead.

## Financial, Funding and Client Acknowledgment continued



Canada

**SPORT PRODUCT TESTING**

### Sport Product Testing

**\$826,000**  
**GENERATED REVENUE**

up from \$506,000



**314**  
**SUBJECTS**  
participated in  
our research

up from 140

across **12**  
**different projects**

up from 9



### Safe Sport

On January 31st, 2023, we signed the agreement to join Abuse-Free Sport, the independent program to prevent and address maltreatment in sport.

We completed the full adoption of the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS), which it must do before it can become part of the Abuse-Free Sport program and have made the required policy changes.

Our participants also continue to have access to independent third-party services through the following independent third party:

**Chris Stanley**  
Manager, Investigations and Strategic Initiatives,  
University of Calgary  
403.220.8146  
cjstanle@ucalgary.ca



CSI Calgary also launched a Safe Sport [microsite](#), divided into three sections:

- Provide**  
Providing a Platform for Reporting
- Prevent**  
Prevention Through Education
- Promote**  
Promoting a Safe Sport Environment

# ANNUAL REVIEW 2022/23



## Canadian Sport Institute Calgary

**WinSport**  
#250, 151  
Canada Olympic Road SW  
Calgary AB T3B 6B7

**University of Calgary**  
Room 125, Olympic Oval  
2500 University Drive NW  
Calgary AB T2N 1N4

**T** 403.202.6809 **F** 403.282.6972 **E** [info@csicalgary.ca](mailto:info@csicalgary.ca)

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**E** [photos@csicalgary.ca](mailto:photos@csicalgary.ca) **W** [csicalgaryphotos.ca](http://csicalgaryphotos.ca)

The Canadian Sport Institute Calgary provides world-class training environments in Alberta. With the support of our partners, we deliver leading sport science and medicine, coaching education and life services to help Canada's high performance athletes achieve Olympic and Paralympic podium performances.

For more information, please visit [csicalgary.ca](http://csicalgary.ca)

