

JOB POSTING: Part-time Performance Dietitian

START DATE: August 1, 2024

EMPLOYMENT STATUS: Part-time contract position for Long Track Speed Skating and Ski Cross

CANADIAN SPORT INSTITUTE ALBERTA

The Canadian Sport Institute Alberta (CSIAB) provides world-leading Olympic and Paralympic training environments to elite athletes and coaches across Alberta. With the support of our partners, our team of experts delivers sport science and medicine, coaching and life services to power podium performances and help Canada win more medals.

PRIMARY DUTIES AND RESPONSIBILITIES

(including but not limited to):

- Completes annual nutrition health assessments for assigned sport organizations and coordinates necessary care plans upon evaluation of information.
- Regularly monitors nutrition practices, bloodwork, and other nutrition related assessments that span both health and performance and reviews results with other health care and sport science practitioners.
- Collaborates with coaches and members of the Integrated Sport Team (IST) with assigned teams to plan, consult, and deliver optimal nutrition strategies in athlete programming, monitoring, and performance.
- Integrates performance nutrition periodization in the yearly training plans for teams and athletes that aligns with the coach and other sport science sport medicine programming.
- Understands the demands of assigned sports to present the best available evidence informed information on sport specific nutrition support and performance strategies during training and competition.
- Develops resources for athletes, coaches, IST, in various mediums that support different learning styles, age appropriateness, and level of nutrition knowledge.
- Travel to conferences, camps, competitions as requested and approved by NSO and CSIAB.

ADMINISTRATION AND COMMUNICATION

- Communicates and advises staff, coaches and athletes of the latest developments in nutrition.
- Provides ongoing communication and education that supports the Position Statement on Dietary supplementation in Canadian sport to CSIAB staff, registered athletes, coaches, and NSOs.
- Records nutrition data in CSIAB selected databases for ongoing nutrition practice and communication enhancement
- Committed to professional development initiatives related to the discipline and overall organizational goals (i.e. through sport science connections, conferences, seminars, and self-directed reading).
- Evaluates services and demonstrate impact of nutrition interventions on athlete health and performance.

- Contributes to mentoring dietetic intern students or junior dietitians where the opportunity pairs well with the schedule of the position and the nutrition department.

QUALIFICATIONS / EXPERTISE

Required

- Registered Dietitian (designation)
- IOC Sport Nutrition Diploma and / or Master or PhD in nutrition, food science, physiology or related field
- Minimum 5 years' experience working in high performance sport environment (including National and International competitions) as a member of a multi discipline sport science team.

Beneficial

- Understanding of body image and eating disorders management
- Understanding of behavioral counselling techniques
- High Performance Certification (HPC) through Sport Scientist Canada (SSC) / Member of SSC
- Knowledge of the Canadian Sport System

Core Competencies

- Leadership
- Communication
- Teamwork
- Planning
- Evaluation & Reflection
- Achievement Oriented
- Interpersonal Skills
- Analytical Thinking
- Innovation

COMPENSATION: Amount of Contract: \$22,500

APPLICATION

Please email your cover letter and resume to Kelly Drager, Performance Nutrition Lead, kdrager@csialberta.ca. Only successful candidates will be contacted.

CLOSING DATE: June 21, 2024

Canadian Sport Institute Alberta – Elevating the Athlete
www.csialberta.ca